November is for Pancakes!

There is a peculiar Dutch holiday celebrated every 29 November: Sint Pannenkoek.

The legend of "Saint Pancake" allegedly originated in Rotterdam at the end of the 19th century, but it was popularized in a comic strip "Jan, Jans en de Kinderen" by Jan Kruis in 1986.

In the cartoon, a grandfather tells his grandchild that they can eat pancakes instead of green beans at dinner because it is the day of Saint Pancake. To celebrate, he says, people place a Dutch pancake, or *pannenkoek*, on their heads and wish each other "a happy and blessed Saint

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Thanks to the cartoon, Saint Pancake gained traction and made its way into popular culture. Never underestimate the staying power of a comic strip!

The Dutch pancake

Pancake!"

Pannekoeken are more similar to crepes than the thick, fluffy American-style pancake.

Made with a mixture of flour, milk, eggs, salt, and oil, these pancakes are large, thin, and perfect for loading with your choice of fillings. Like crepes, they can be either sweet or savory. Enjoy with the likes of jam or apple butter, powdered sugar, or bacon!

Pancake houses

While there may be a pancake holiday in November, Dutch pancakes are enjoyable year-round! There are even *pannenkoekenhuizen*—pancake houses—that specialize in these delectable treats.

Let's explore the Dutch culinary scene together. Email us at travel@dutch-tours.com to plan your Dutch adventure!